



# The Lady Fâtemah (a.s.) Charitable Trust



[www.ladyfatemahtrust.org](http://www.ladyfatemahtrust.org)



## The Lady Fatemah (a.s.) Charitable Trust

# Who we are



On behalf of the Board of Trustees, I would like to welcome you to **The Lady Fatemah (a.s.) Charitable Trust**.

The mission of the Trust is to eradicate poverty and suffering; this we believe is not a distant dream, but a goal which together we can realistically achieve. Everyone has the right to be safe, healthy, skilled and equal, regardless of race or religion. The Trust adheres to the philosophy of empowerment for it is only then that a lasting solution to poverty can be found.

**The Lady Fatemah Trust** was formed in 1997 in response to appeals that were persistently received by the trustees from around the world. Since then, The Trust has created the framework to respond effectively to these requests, and through long-term programmes such as provision of clean water, healthcare, education and income generation, the Trust seeks to tackle the root causes of poverty.

The generosity of our donors has enabled us to assist thousands of impoverished people worldwide. The following pages provide details of the scope and nature of our various activities, and we look forward to working with you.

With warm appreciation,

Chairman of the Board of Trustees

### Basic Food Provision



### Healthcare



# Introduction

The generalist mission of the Trust has resulted in ambitious and often pioneering activity in a variety of projects, ranging from emergency relief to sustainable development programmes. The projects we support span across the globe from the Indian subcontinent, Pakistan, Kashmir and Afghanistan, to Iraq, Iran, Lebanon, Occupied Palestine, East Africa, Burma and Indonesia. From an operational point of view, one of the founding principles is to operate on the basis of **ZERO** administration fees thereby ensuring every penny donated goes directly to those in need. This doctrine of transparency is translated to all aspects of the Trust's work, from verification of appeals, to providing full receipts to benefactors for every donation.

The Trust combines a global perspective with local insight. As such, our partner organizations on the ground closely scrutinize each of the appeals that arise and are available to provide on-going support and guidance. They are directly in touch with the communities where the need is most, thus ensuring the assistance reaches there. Wherever possible, the Trust endeavours to work closely with other international charities, so as to leverage the full benefit of the collective goodwill of donors and local expertise. We have found that joining hands with other organisations, often results in achievements beyond the scope of any one charitable institution.



An Iraqi orphan delighted with his Eid gift



An Iraqi orphan receiving monthly assistance



Hand water pump, Afghanistan



Eye clinic, Karbala, Basra



Clean Water Provision

## Shelter and Housing



# Projects & Case Studies

We assist people in need to reduce their dependence on humanitarian aid and facilitate their transition to self-reliant, long-term development. Only when individuals are given the means and skills to help themselves can poverty be eradicated



Water Well, Priyapatna village, India



Cholera Disinfection Project, Iraq



Milking Buffalo Project, Iraq

## A Selection of Our Programmes Include:

**Orphan Care:** In countries where war, famine or poverty are part of everyday life, millions of children are orphaned and left to struggle for survival. The Trust has established orphan sponsorship programmes to care for children in India, Pakistan, Iraq, Iran and Lebanon. The cost of this provision is just £20 a month, and gives the children a chance for a better future.

**Provision of Clean Water:** Clean, safe water is the most essential need of life, yet millions of people do not have this basic human right. Easy access to fresh water can give life, health and sustenance to an entire village.

**1. India:** To date 50 wells have been dug in drought stricken, remote Indian villages, providing the communities with clean, safe water 24hours a day. These wells have been named 'Birre Sakina'.

**2. Pakistan:** The areas of Rawalpindi and Islamabad are the first areas of implementation for the Bibi Sakina Water Supply Project where bore-wells are being dug.

**3. Afghanistan:** Water networks, tube wells, and hand water pumps are the current projects being undertaken.

**4. Iraq:** LFT recently implemented a project to prevent the spread of Cholera in Karbala and surrounding areas. More than 4,000 families received a plastic water can and a pack of 100 sterilization tablets, each of which was sufficient to sterilize 20 liters of water.

## Socio-Economic Regeneration and Micro-Finance:

Income generation projects aim to help individuals develop their own skills to earn livelihoods, and become economically independent

**1. Milking Buffalo Project:** Elderly people in Southern India, widowed families in Iraq, refugees in Iran and needy families whose businesses have been destroyed in Lebanon, have been provided with a milking buffalo and a grant for one month fodder. The objective is for the buffalo to yield enough milk for the family and the surplus can be sold to produce an income for the following month.

**2. Fresh Water Tank Project:** This project grants fresh-water tanks and an initial fill of water to needy families in Iraq, which can in turn be sold at a small profit. Income from a fresh-water tank is enough to provide food for a family for a month.

## Orphan Care



**3. Sewing Machine Project:** This project has been implemented in India, Iraq, Iran, Lebanon and Burma where women are provided with a sewing machine. The income generated from their sewing practice is used to support the families. This enables the women to work from home taking care of the children, as well as helping to make ends meet.

**4. Sheep Income Generation Project:** Many Afghan families in Jaghoori and Yakawlang have had to rebuild their lives and care for their orphaned children, following the widespread massacre of all the men by the Talibaan. The Trust is assisting these widows with the sheep income generation project, where 5-6 sheep is given to each family.

**5. Rabbit / Chicken Microfinance Project:** Our partner organization in Gaza recently reported that many poor families did not have anything to eat and every day waited for the goodwill people to provide them with food. The chicken or rabbit raising projects has been implemented to provide these families with meat or eggs, allowing them to sell any surplus produce to buy other necessary items.

**5. Egg Laying Hen Project:** An egg laying hen provides a family with an excellent source of protein, and surplus eggs can be sold in the market to generate extra income. This project has been implemented in Iraq, Lebanon and Gaza.



## Socio-economic Regeneration and Micro-Finance



Income Generation Project. Afghanistan.

## Healthcare

The Lady Fatemah Trust assists with healthcare from simple rehabilitative measures, to complex life saving procedures.

**1. Medical Referral Programme, Iran:** The Trust has been working with IRAC in Tehran providing medical care for Afghan and Iraqi refugees. This programme supports people who generally do work, but their income is insufficient to cover the cost of their treatment. An average of 90-100 patients are treated per month.

**2. Cluster Bomb Victims, Lebanon:** In association with The Philanthropic Association for Disabled Care in Nabatieh, LFT is assisting patients who have sustained horrific injuries as a result of the war. Preservation of limbs as well as provision of prostheses have been undertaken.

**2. Karbala / Basra Eye Clinics, Iraq:** The Trust has set up two charitable eye clinics in Karbala (2004) and Basra (2005), for those who cannot afford to pay for treatment in commercial facilities. Something as simple as providing reading glasses, or removing a cataract from an elderly person can enable them to continue to work and provide care for the family.

**3. Eye Camps; Tanzania, Pakistan and Kashmir:** The Trust regularly funds eye camps in remote Tanzanian villages where cataract removal and other ophthalmic procedures are undertaken. Due to the lack of facilities and extreme poverty, these patients would almost certainly go blind without these camps. In association with our partners in Pakistan and Kashmir, cataract surgeries are undertaken every month, either free of charge or at a nominal cost, at the Munnawar Memorial Hospital.



This 12 year old Afghani boy lost his leg in rocket fire, and was fitted with a prosthetic limb on the MRP.



Eye Camp, Zanzibar



Cancer Patient assisted by LFT, Tanzania

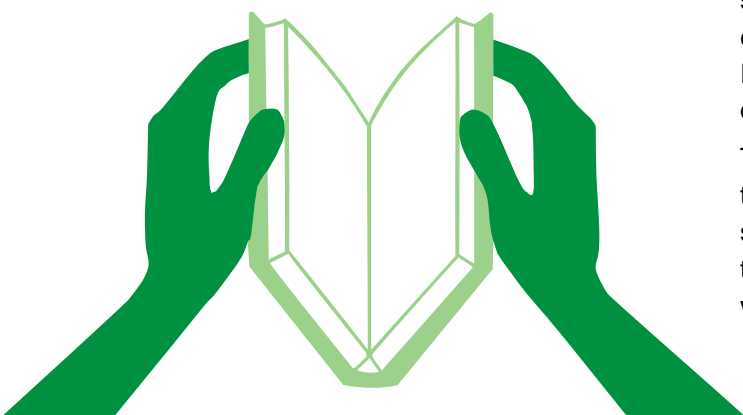


Heart Valve Replacement funded by LFT, India



Special Needs Child, Lebanon

## Education



**4. Healthcare, Tanzania:** In rural parts of Tanzania, horrific accidents often happen and limbs need to be amputated. These patients' lives can be dramatically turned around by providing them with an artificial limb. LFT recently supported blind and deaf children travel to Nairobi to have medical care. Their treatments included cataract removal, treatment of severe infections and cancer care.

**5. Medical Treatments, India:** The appeals received from India are usually life saver cases, and have included coronary artery disease patients, transplant patients and cancer treatment. This little girl needed a heart valve replacement which was funded by LFT.

## Education

The value of education can never be underestimated for it tackles the root causes of poverty, opening up vast opportunities for economic improvement. The Trust strives to advance impoverished communities through education, and has been involved in funding grants for basic and higher education since its inception in 1997. Undergraduates have been supported for degrees in medicine and engineering, and full sets of reports for the younger children are regularly sent to sponsoring donors.

**1. India:** St Paul's School in Mysore was founded in 1980 with the aim of offering an affordable education to students coming from poor families. The Trust is sponsoring 68 students at this school.

**2. Lebanon:** The Trust is currently assisting special needs children from war torn Lebanon develop their abilities, and become as self-reliant as possible. Many of these children have learning disabilities, are motor or speech impaired, or are deaf. With special care and therapy, they will have a future to look forward to. Also, the Trust has supported bright students attend university by helping with tuition fees.

**3. Palestine:** Since January 2008, The Trust has sponsored 5 students at the Atfaluna School for the deaf, situated in Gaza. Each child is making remarkable progress, learning to use sign language, communicate with words and interact with other children. It costs just £50 per month to give a deaf child the chance for a better life.

**4. Iran:** Afghan and Iraqi refugees in Iran cannot afford to send their children to Iranian public schools. With the assistance of some educated refugees, informal schools have been established to educate these children. The Trust assists The Imam Mehdi School, which educates children from the neediest of families.

The skills training centre set up by LFT and IRAC is intended to teach these refugee children a skill once they finish their schooling. The centre offers computer courses and in total, more than 170 persons annually will acquire marketable skills which will make them much more employable after school.

## Food Provision and Emergency Relief

When natural disasters strike or conflicts affect innocent civilian lives, the Trust responds quickly to help those most at risk. We ensure the vulnerable receive food and shelter, and thereafter provide long term support helping these people rebuild their lives.

**1. Emergence Relief:** In 2008, The Trust responded to emergencies in Burma following Cyclone Nargis and to the people affected by the post-election violence in Kenya. Disaster relief was also sent to Bam following the earthquake that shook Iran in 2006. The orphanage funded by LFT in Aceh following the Asian Tsunami has been completed and Alhamdulillah 74 orphans now have a home to live and study.

**2. Food and Humanitarian Assistance:** The Trust has assisted the widows in Pakistan with monthly food parcels, as well supporting the elderly women in India, and poor families in Gaza. As part of the meat distribution project, destitute families in Iraq have received 1kg of meat a month since January 2008. This project ensures these families can at least have one protein rich, nutritious meal a month.

**3. Lebanon / Palestine War Relief:** In the wake of the recent bombing in Gaza, the Trust sent assistance of food, clothes and blankets to the students and staff of the Atfaluna Institute whose homes had been destroyed. We also provided relief aid to the victims of the 2006 Israeli attack in Lebanon, and medical care for those wounded by cluster bombs.

**4. Ramadhan Iftaar Appeal:** This is one of the most widely supported projects, where as little as £20 can provide food for a family for an entire month. Iftaar relief has been provided in countries from India, Pakistan and Afghanistan, to Iraq, Iran, Lebanon and Palestine.

Thanks to your support, **The Lady Fatemah Trust** has helped save and improve the lives of thousands of people in many of the poorest countries, worldwide. Although the amount of relief work required is colossal, collectively we can make a difference. Together we can change the world, one life at a time.



Income Generation Project following Cyclone Nargis, Burma



Orphanage in Aceh



LFT assists cluster bomb victim, Lebanon



Iftaar Relief, Afghanistan

Thank you for taking the time to read our brochure, and for your support. For a detailed account of all our work, please visit our website: [www.ladyfatemahtrust.org](http://www.ladyfatemahtrust.org)



Eye Clinics



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