

The Lady Fatemah Charitable Trust



<http://www.ladyfatemahtrust.org>

Who we are



The Lady Fatemah Charitable Trust



On behalf of the Board of Trustees I would like to thank you for taking the time to become acquainted with **The Lady Fatemah (a.s.) Charitable Trust**. The mission of the Trust is to alleviate poverty across geographic and cultural borders, and adopts philosophy of empowerment; for it is only then that a long lasting solution to poverty can be found.

The Lady Fatemah Trust was formed in 1997, in response to appeals that were persistently received by the Trustees from around the world. With so much poverty globally, the task of providing humanitarian relief is daunting. But, like a small pebble thrown into a large pond, the ripples can still reach the shore.

The generosity of our donors has enabled the Trust to assist thousands of impoverished people worldwide. Together, we believe we can effect real, positive changes to the lives of these people.

The Trust has created the organisational functionality to respond quickly and effectively to a range of requests, as projects are generally driven by specific appeals. This approach to tackling poverty has attracted a range of donors, from institutions supporting a particular activity, to individuals wishing to support those in need with whatever assistance is required at any point in time.

The following pages provide details of the scope and nature of our various activities and we would welcome the opportunity to discuss the projects in person. Therefore please do not hesitate to contact us if you have any questions or ideas. We look forward to working with you and hope that with your assistance, we will be able to bring hope and opportunity to our many impoverished brothers and sisters.

Basic Food Provision



With warm appreciation,

A handwritten signature in black ink, appearing to read 'Alkaram'. The signature is written in a cursive style with a horizontal line underneath.

Chairman of the Board of Trustees

Introduction

The generalist mission of the Trust has resulted in vibrant and often pioneering activity in a variety of projects, ranging from education and healthcare, to socioeconomic regeneration and micro-finance. The projects we support span across the globe from the Indian subcontinent and Pakistan, to Iraq, Iran and Afghanistan, East Africa and Indonesia. From an operational point of view, one of the founding principles is to operate on the basis of ZERO administration fees thereby ensuring every penny donated goes directly to those in need. This doctrine of transparency is translated to all aspects of the Trust's work, from verification of appeals, to providing full receipts to benefactors for every donation.

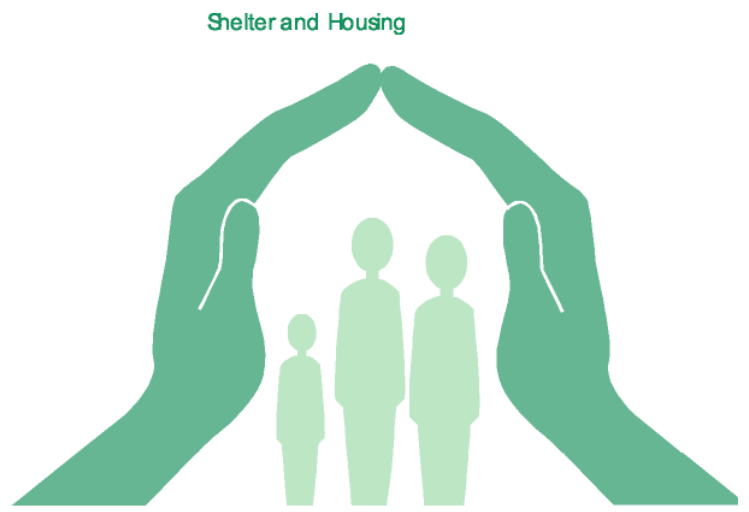
The Trust combines a global perspective with local insight. As such, there are experienced volunteers on the grounds who substantiate each of the appeals that arise and are available to provide on-going support and guidance. Wherever possible, the Trustees and volunteers endeavour to work closely with other charities (e.g. Christian Aid, Muslim Aid, Alimaan Foundation and IRAC), so as to leverage the full benefit of the collective goodwill of donors and local expertise. We have found that joining hands with other organisations, in terms of resources and insights, often results in achievements beyond the scope of any one charitable institution.



Afghani children studying in school in Iran



Iraqi orphans receiving monthly assistance



Projects / Case Studies



The application of our philosophy of attending to any person in need has led to a strategy of project diversification. Hence the range of activities is relatively broad. Whilst the scope is extensive, the guiding principle of project selection is based on the objective of enabling target communities to develop self-sufficiency. From a metaphoric perspective borrowing an ancient maxim, the Trust does not seek to simply distribute 'fish', but rather endeavours to provide 'fishing rods' and the knowledge to utilize them effectively. This approach has generated growth and momentum for the Trust.

A selection of our projects include:

Orphan care: Sadly, owing to the conflicts around the world today, the number of orphans is ever increasing. They depend on charitable institutions to survive and receive an education. The Trust has established a fostering program for orphans in India, Iraq and Refugees in Iran. The cost of this provision is just £10 a month, and gives the children a chance for a better future.

Provision of clean water: One of the first projects undertaken was the construction of bore-holes in remote Indian villages, so as to provide a consistent supply of clean water 24 hours a day. These wells have been named 'Birre Sakina', and to date 50 have been completed. The remarkable aspect of these projects is that for a relatively modest sum of \$1500, the quality of life for several hundred people can dramatically be improved, whilst also limiting the spread of water borne diseases and infection. In keeping with the principle of joint partnership with target communities, the responsibility of maintaining the pumps is shouldered by the local community.

Socio-economic regeneration and micro-finance:

Simple, innovative schemes have been developed to allow poor people to access capital and earn livelihoods. This enables self-sufficiency and thereby provides economic freedom.

1. Milking Buffalo Project:

Elderly people in Southern India and widowed families in the Marshlands of Iraq have been enrolled in an effective project which involves the provision of a milking buffalo and a grant for one month fodder. The objective is for the buffalo or cow to yield enough milk to meet their income requirements for food, and fodder for the following month. This project has been extremely successful, and has attracted the support from Christian Aid in Iraq.



2. Sewing Machine Project:

Sewing co-operatives have been set up in India and Iran, where women headed families are provided with a sewing machine following a tailoring course. The income generated from their sewing practice is used to support their families. In this way, not only is their self sufficiency and dignity restored, but the multiplied benefits in terms of community regeneration is phenomenal. The Afghani refugee women in Iran are highly skilled in embroidery, and Trust has arranged to sell their craft-work (eg shawls) here, raising money for their families back home.

3. Rickshaw Project:

In keeping with the ethos of the Trust which is to provide the tools to allow families to earn their own livelihoods, another project has been to provide rickshaws. One particular family in India subsequently wrote back saying 'thank you for making my dream come true by owning my own auto for earning bread'.

4. Housing Project:

Volunteers of the Trust in India have set up a financial scheme which provides access to housing. Landlords receive a deposit of £1250 from the Trust for a three-year lease. Any interest the landlord can gain from the deposit is treated as rent and the capital is returned back to the Trust when the lease expires. This simple yet creative scheme has enabled a significant number of people to be freed from homelessness and the associated social and economic ramifications.

Healthcare: The Trust has historically received a wide range of appeals for medical assistance, and thankfully thus far every appeal has been fulfilled.

1. Karbala / Basra Eye Clinics, Iraq:

One of our most ambitious projects has been the founding of an eye clinic in Karbala, Iraq. The clinic was established in August 2004, and serves to treat in excess of 8,500 patients annually. Simple basic measures, such as provision of spectacles and cataract surgery, can restore sight preventing blindness, allowing the individuals to be independent thereby raising themselves, their families and their communities to a better standard of living. Following the success of the Karbala Eye Clinic, The Trust has been involved in the setting up of a partner clinic in Basra.

2. Medical referral Program, Iran:

There are a number of Afghani and Iraqi refugees in Iran who require treatments ranging from routine medical care to more complex treatments such as open heart surgery, radiotherapy, and eye surgery. Their reason for not repatriating is lack of medical facilities in their respective countries, and so they remain in Iran hoping somehow to raise the money for treatment. The Lady Fatemah Trust in conjunction with the IRAC office in Tehran is co-ordinating this work. This project needs monthly funding due to the number of refugee patients calling for assistance.



Socio-economic Regeneration
and Micro-Finance



Women attending the tailoring course



Rickshaw purchased by the Trust



Patients being examined at the Karbala Eye
Clinic.



Bright High School



Afghani School refurbished by the Trust

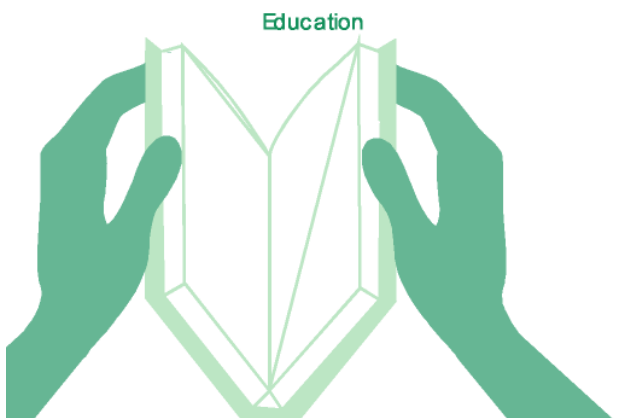
3. Medical Treatments, India:

The Trust has always received a wide number of appeals for medical assistance particularly for patients in India. Usually, the treatments required are life saving operations, and have included coronary artery disease cases, heart valve replacements, transplant patients and cancer treatment. Our partner organization, the Alimaan Foundation in India, closely verifies each appeal as it is received.

Education: The value of education can never be underestimated for it tackles the root causes of poverty, opening up vast opportunities for economic improvement. The Trust strives to advance impoverished communities through education, and has been involved in funding grants for basic and higher education since it's inception in 1997. Undergraduates have been supported for degrees in medicine and engineering, and full sets of reports for the younger children are regularly sent to sponsoring donors.

1. India: Bright High School, a village primary school in Bangalore, approached the Trust requesting financial contribution for the construction of a classroom, library and laboratory. The families residing in this locality were extremely poor, and the aim of the school was to provide free education for the poorest children. Assistance was given, thereby allowing these children to gain an education.

2. Iran: In Iran, most Afghani refugees are desperately poor and the illiteracy rate among them extremely high. Nevertheless, or maybe because of this, they are well aware of the importance of being literate. With the assistance of educated Afghans, informal schools have been established to educate the refugee children. These schools however lack the most basic facilities like heating, washrooms, benches, blackboards and tables and chairs for the students and teachers. Thanks to the support of our donors, several of these schools have now been refurbished, and the headmaster of Sajjadiyeh School wrote that the children were not able to sleep for a few days due to their happiness. These children are deprived of many things, but at least now they have a little comfort in school.





Basic Food Provision: One of the most widely supported projects is the Ramadhan Iftaar appeal, which provides food for over 1500 families in India and The Middle East. In some countries, as little as £10 can provide basic sustenance for a family for an entire month. The Trust also distributes Zakaat funds to the poorest families on Eid, with the help of partner organisations on the ground, e.g. IRAC in Iraq and Iran. These organisations have also assisted in our second – hand clothing projects which have also been successful.

Disaster Appeals: Although the Trust looks to generate empowerment, we also respond to disaster appeals as and when they arise.

1. Bam Earthquake appeal: The funds raised following the Bam earthquake were transferred to aid 54, mainly women-headed families.

2. Tsunami Appeal: £12,000 was raised for the Tsunami victims in Aceh, and has been used to provide orphan care and housing.

3. Pakistan / Kashmir Earthquake Appeal: Following the earthquake that devastated Kashmir/ Pakistan in October 2005, the Trust was initially involved in providing relief aid and healthcare services. Once the situation stabilized, the process of rebuilding lives and infrastructure was begun with the construction of one-room insulated homes. This not only provided shelter for the disaster-stuck victims, but also created work for the locals involved in the building of these homes, thereby promoting self-sufficiency.

4. Somalia Famine Appeal: An emergency aid appeal has been launched by The Trust, as drought and famine threatens the lives of 11million people along the East coast of Africa. Although the amount of relief required is colossal, collectively we can work together to make a difference.

We hope this short brochure has given you an insight into the work of **The Lady Fatemah Trust**.

For a detailed account please visit our website



Poverty exists.
Together we **can**
make a
difference.



Ramdhahan Iftaar

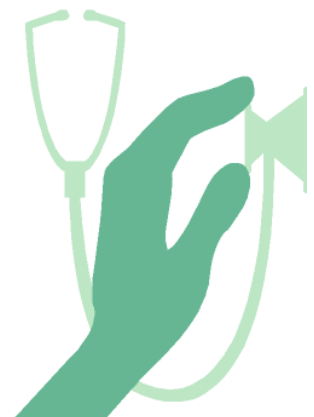


Food provision



Food distribution

Healthcare





The Lady Fatemah Charitable Trust

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Online donation: <https://secure.webstar.co.uk/ft/donate.php>

UK Bank details:

HSBC Bank plc., 191 High Street, Loughton, Essex IG10 4LN,
Sort Code 40 – 30 – 25, Beneficiary's Account no 613 643 75

US Dollar Bank details:

HSBC Bank plc., 191 High Street, Loughton, Essex IG10 4LN.
BIC MIDLGB22; IBAN GB93 MIDL 4005 1558 6868 00
Sort Code: 40 – 05 – 15; Beneficiary: The Lady Fatemah (a.s.) Charitable Trust Account no 61 36 43 75

Bankers Order:-

TO: (Bank/Building Society Name) _____
Branch _____
Address _____ Postcode code _____
Sort Code ____ - ____ - ____ Account No. _____ Name of Account: _____

I request you to please pay the Lady Fatemah (a.s.) Charitable Trust

£_____ (figures) £_____ (words)

Please complete as appropriate:-

Weekly Monthly Quarterly Annually One-off Payment: _____

The Donation / contribution is for _____ (please quote project name)

If you pay UK income tax and/or capital gains tax please also complete the gift aid box below, as it will enable the Trust to receive 28% of the tax you have already paid.

I would like The Lady Fatemah (a.s.) Charitable Trust to treat all donations I have made since April 2002, and all donations henceforth until further notification as Gift Aid donations upon which I would like you to reclaim tax on all my donations.

Signature: _____ **Print Name:** _____

Address: _____

Date: ____ / ____ / ____

Please complete your email address below if you would be interested in receiving our monthly newsletters:

Thank you very much for your support



Registered Charity no: 1072270